

# Puddle Jumpers Summer Camp Backpack List

PLEASE LABEL EVERYTHING WITH YOUR CHILD'S FIRST NAME!  
LARGE BOLD CAPITAL LETTERS USING A PERMANENT MARKER IS BEST.  
PLEASE REMEMBER TO LABEL:

- THE FRONT OF THEIR BACKPACK IN A VISIBLE LOCATION
- WATER BOTTLE
- LUNCH BOX
- RAINCOAT
- TOWEL

**Children should come to camp dressed in their swimsuit with waterproof sunscreen & bug spray applied!**

**Your Child's Backpack should contain the following items:**

1. Reusable Water Bottle filled ONLY WITH WATER! The insulated thermos bottles work best to keep water cold. Children are very physically active at camp and they need lots of cold water to stay hydrated. No juice or other drinks in their water bottles please. We want to instill healthy habits for life. We have a water cooler and will refill their bottle with water as needed.
  2. Complete change of clothes including underwear. Please put the change of clothes in a Ziploc bag.
  3. Raincoat with a hood.
  4. The mosquitoes can be very active at camp during warmer months.
  5. Please keep a bottle of bug spray in a Ziploc bag for reapplying.
- \*Parent tip- We recommend Skeeter Beater all-natural bug repellent!**
6. Please pack a healthy lunch in a lunch box with an ice pack to maintain food safety temperatures.
  7. Please do not bring any toys to camp.
  8. Please make sure to apply Waterproof sunscreen and bug spray before arriving.
  9. We will reapply bug spray as needed.
  10. Wear a swimsuit, crocs or flip flops & bring a labeled towel for water slide play daily.
  11. Eat a good breakfast before camp! Summer camp is very ACTIVE and children need energy!
  12. **Camp hours 8am to 12pm. Please text us @ (910) 231-6775 if you are running late or by 8am if your child is not attending for the day. Thank you!**



Keeps **COLD**  
for 12 Hours